

TIMEX®

www.timex.com

W-89 855-095000

THANK YOU FOR PURCHASING YOUR TIMEX WATCH. MERCI D'AVOIR AC

EXTENDED WARRANTY

Available in U.S. only. Extend your warranty for an additional 4 years from date of purchase for \$5. You can pay with AMEX, Discover, Visa or MasterCard by calling 1 800-448-4639 during normal business hours. Payment must be made within 30 days of purchase. Name, address, telephone number, purchase date, and 5-digit model number required. You can also mail a check for \$5 to: Timex Extended Warranty, P.O. Box 1676, Dept. EF, Little Rock, AR 72203.



Please read instructions carefully to understand how to operate your Timex watch.
Your model may not have all of the features described in this booklet.

FUNCTIONS

Real-time calendar clock, Second time zone, Countdown timer, Daily/weekday/weekend alarm, hourly chime, Chronograph with lap/split storage, INDIGLO® night-light with Night-Mode® Feature.

BASIC OPERATIONS

SET/ RECALL (To save changes and exit setting)

MODE OR NEXT (Proceed to next step)



INDIGLO

STOP/ RESET (Decrease value. Hold to decrease rapidly.)

START/ OR + (Increase value. **SPLIT** Hold to increase rapidly.)

When setting, each button has a different function as indicated above. Watch face will indicate when button changes function.

TIME/DATE/HOURLY CHIME

1. In TIME mode, press and hold SET/RECALL. Time zone will flash.
2. To set, push + or – to select first or second time zone.
3. Press NEXT. Hour digits flash.
4. Press + or – to change hour including AM/PM. (Scroll through 12 hours to get to AM/PM).
5. Press NEXT. Minute digits flash.
6. Press + or – to change minutes.
7. Press NEXT. Second digits flash.
8. Press + or – to set seconds to zero.
9. Press NEXT. Day of week flashes.
10. Press + to – to change day.
11. Continue pattern to set month, day of month, 12-hour or 24-hour time display, MM.DD or DD.MM date format, turn hourly CHIME on/off, turn BEEP on/off. If you select BEEP on, a beep will sound every time you push a button (except INDIGLO).
12. Press DONE to confirm and exit or NEXT to continue and set second time zone, if desired.
13. When in Time mode, press and hold START/SPLIT to “peek” at second time zone; hold for 4 seconds to switch time zones.

ALARM

Setting the ALARM is similar to setting TIME.

1. Press MODE repeatedly until ALARM appears.
2. Press SET/RECALL to set alarm.
3. Hour digits flash. Press + or – to change hour.
4. Press NEXT. Minute digits flash. Press + or – to change minutes.
5. Press NEXT. If in 12-hour format, AM/PM flashes. Press + or – to change.
6. Press NEXT. Press + or – to select DAILY, WEEKDAYS OR WEEKENDS.
7. Press DONE to confirm and exit.
8. Press Start/Split or Stop/Reset to arm or disarm alarm. When disarmed, OFF will be displayed. When armed, the alarm clock icon will appear.
9. The INDIGLO night-light and alarm icon flashes and an alert sounds when the alarm goes off. Press any button to silence. A back up alarm will sound after five minutes if you don't press any buttons.

TIMER

1. Press MODE repeatedly until TIMER appears.
2. Press SET/RECALL. Hour digits flash.
3. Follow same pattern as setting TIME and ALARM to set hours, minutes, seconds, and select between REPEAT/AT END (timer counts down and then repeats) or STOP/AT END (the timer counts down and then stops).
4. Press DONE to confirm and exit.
5. Press START/SPLIT to start TIMER. Timer will continue to run even if you exit Timer mode. If REPEAT/END selected will flash. If STOP/END selected will flash.
6. An alarm melody will chime when the timer has reached zero or before it starts to count down again.
7. Press STOP/RESET to stop TIMER. Press again to reset to countdown time.

CHRONO

LAP 1	LAP 2	LAP 3	LAP 4
7:11 MIN	7:50 MIN	7:08 MIN	7:30 MIN
7:11 MIN			
SPLIT 1	15:01 MIN		
	SPLIT 2	22:09 MIN	
		SPLIT 3	29:40 MIN
			SPLIT 4

1. Press MODE until CHRONO appears.
2. Press and hold SET/RECALL.
3. The Display will read: FORMAT/SET, then LAP/SPL or SPL/LAP.
4. Press + or – to select desired format.
5. Press DONE to confirm and exit.
6. To use chrono, press START/SPLIT. Chrono continues to run even if you exit the mode.
7. Press STOP/RESET to stop chronograph from running OR while chrono is running, press START/SPLIT to take a split. Lap and split times will then be displayed in the format you selected. The lap number will alternate with the last two digits of the bottom line.

- NOTES:
- Lap and split times will appear frozen for 10 seconds. Press MODE to release the display and see running chrono.
 - While chronograph is running or stopped, press SET/RECALL, then press + or – to scroll through stored laps or to recall stored laps/splits. Press SET/RECALL again to return to running chronograph.
 - Press and hold STOP/RESET to reset chronograph.

(continued on reverse)

